

# TROY A. COPPUS, EDD, LAT, ATC, CSCS

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## EDUCATION

### ***University of North Carolina Greensboro***, Greensboro, North Carolina

Ed.D. in Kinesiology

August 7, 2020

Dissertation: The Value of Subjective Measures in Quantifying Workload and Injury Incidence  
in Male Intercollegiate Soccer Players

Committee: Dr. Pam Brown (Co-Chair), Dr. Diane Gill (Co-Chair), Dr. Bill Karper

GPA: 4.00/4.00

### ***High Point University***, High Point, North Carolina

M.S. in Sport Studies

May 6, 2006

Created instructional videos of entire body AROM, PROM, RROM/MMT, and orthopedic special  
tests to fulfill requirements for Practicum course

GPA: 4.00/4.00

### ***Ohio Northern University***, Ada, Ohio

B.S. in Athletic Training

May 23, 2004

### Instructor

AT 6650 "Pharmacological Considerations in Athletic Training"

Summer 2022 – present

AT 6660 "General Medical Concerns & Special Populations"

Summer 2022 – present

AT 6665 "Clinical Experience V"

Summer 2022 – present

AT 6664 "Clinical Experience IV"

Spring 2022 – present

AT 6645 "Professional Practice in Athletic Training"

Fall 2021 – present

AT 6633 "Examination and Therapeutic Management III"

Fall 2021 – present

AT 6663 "Clinical Experience III"

Fall 2021 – present

AT 6610 "Healthcare Management & Quality Improvement"

Summer 2021

AT 6662 "Clinical Experience II"

Summer 2021

AT 6632 "Examination and Therapeutic Management II"

Summer 2021

### ***Winston-Salem State University***, Winston-Salem, North Carolina



***Southern Illinois University Edwardsville***, Edwardsville, Illinois  
*Department of Applied Health*

Guest Lecturer

KIN 275 "Intro to Careers in Nutritional & Exercise Sciences" Fall 2018 & Fall 2019  
Provided students with insight regarding the role of athletic trainers in a health care team.

***University of North Carolina Asheville***, Asheville, North Carolina  
*Department of Health and Wellness Promotion*

Lecture r

HWP 220 "Introduction to Sports Medicine" Fall 2006 – Spring 2007  
HWP 421 "Seminar in Sports Medicine" Spring 2007  
HWP 152 "Health and Fitness" Spring 2007

***Western Carolina University***, Cullowhee, North Carolina  
*Department of Health and Human Science*

Clinical Site Coordinator Fall 2006 – Spring 2007  
Representative for UNC Asheville clinical site within WCU Athletic Training Program.

Approved Clinical Instructor for Athletic Training Fall 2006 – Spring 2007

***High Point University***, High Point, North Carolina  
*Department of Exercise and Sport Science*

Instructor

PEC 110 "Bowling" Fall 2004 – Spring 2006

Approved Clinical Instructor for Athletic Training Fall 2005 – Spring 2006

Guest Lecturer

ESS 211 "Evaluation of Athletic Injuries" Spring 2005, 2006  
ESS 391 "Clinical in Injury Prevention & Emergency Procedures" Fall 2004, 2005  
ESS 392 "Clinical in Strength Training & Isokinetics" Spring 2005, 2006  
ESS 499 "Senior Seminar" Fall 2004, 2005

***Ohio Northern University***, Ada, Ohio  
*Department of Human Performance and Sport Sciences*

Teaching Assistant

BIOL 231 "Anatomy & Physiology 1" Fall 2002, Fall 2003  
BIOL 232 "Anatomy & Physiology 2" Winter 2002, Winter 2003  
HPES 221 "Exercise Physiology" Spring 2003, Spring 2004

PEDAGOGICAL CONTINUING EDUCATION

***True North Intercultural***

Navigating Cultural Differences  
Completed the six-module course

October 2022

**CLINICAL EXPERIENCE**

***Briotix Health***, Evansville, Indiana

Part-time Industrial Sports Medicine Provider June 2017 – July 2019  
Provided sports medicine care for Evansville Zone Frito Lay Distribution Center Operations and Sales employees. Recorded weekly on-site hours for consultations, ergonomic assessments, and in-person evaluations of work-related and non-work-related conditions. Maintained patient confidentiality according to HIPAA guidelines. Abided by OSHA standards in providing care.

***University of Evansville***, Evansville, Indiana  
*Intercollegiate Athletics*

Assistant Athletic Trainer

July 2007 – July 2017

Planning Committee Member  
Annual Helen Keller Lecture

January 2025 – April 2025

Member  
Library Advisory Committee

November 2022 – present

***Troy University***, Troy, Alabama  
*College of Health Sciences*

Committee Member  
Homecoming Tent Alumni & Community Event

September 2023 – October 2023

Committee Member  
Emergency Medical Services Education Program Committee

February 2022 – April 2022

Participant – Lead  
MSAT CAATE Peer Review (Online)

January 2022

- Earned full 10-year continuing accreditation after submission of rejoinder

***Troy University***, Troy, Alabama  
*Department of Kinesiology and Health Promotion*

Advisory Board Member  
Troy University Exercise Physiology Program

August 2024 – present

Search Committee Member  
KHP Lecturer

August 2023

MSAT Clinical Education  
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Participant  
Undergraduate ATP CAATE Initial Accreditation Visit March 2007

*High Point University*, High Point, North Carolina  
*Department of Exercise and Sport Science*

Participant  
Undergraduate ATP CAATE Re-accreditation Visit October 2004

PROFESSIONAL SERVICE

Manuscript Reviewer  
Frontiers in Psychology January 2025  
Journal of Men's Health December 2024  
Athletic Training & Sports Health Care October 2017 – June 2020

Committee Member  
SEATA Quiz Bowl Committee November 2024 – present

Participant  
CAATE Standards Committee Listening Session January 22, 2024

COMMUNITY SERVICE

Advisory Board Member  
Thomas University Exercise and Sports Science Program July 2024 – present

Guest Speaker  
Carroll HS HOSA, Ozark, AL September 8, 2022  
Encore Rehabilitation AT Pre-Season Education, Midland City, AL July 19, 2022

Instructor  
American Psychological Association (APA) (2013) (7th ed.) (EMC1/P) 410-350 (TX-B04-110) 38 (1) 6 (e) (b) 3-6 (s) 5.0 (1) 82 (OS) -815





Rehabilitation and the Barriers Preventing Its Application. ASAPERD Fall Conference.  
Birmingham, AL, USA.

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CERTIFICATIONS

Apr 13 2024

Total Motion Release, Level 2

August 2024

Total Motion Release, Level 1

April 2024

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