

January 2019 - current

Provide inpatient medical nutrition therapy, using the ADIME process, for a variety of medical diagnoses and resulting complications at an acute rehabilitation hospital.

Conduct nutrition screening and care planning for patients.

Record treatment, patient progress, and responses in an electronic medical record.

Evaluate nutrition intake of clients for adequacy and assess the nutritional status of patients, making appropriate recommendations for inpatient clinical setting.

Communicate patient-care issues effectively with all members of the medical team including speech therapists, kitchen staff, physicians, nursing staff, case managers, pharmacists, and other ancillary staff.

Execute duties as a Group Fitness Instructor
Create and implement physical exercise programs customized for groups

Executed duties as a Personal Trainer and Group Fitness Instructor.