

## Education

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|---|---------------------|------------------------|
| University of Alabama-Birmingham  | Birmingham, Alabama | August 2007- May 2009  |
| <i>Masters of Science in Clinical Nutrition; Emphasis in Exercise Physiology</i>                        |                     |                        |
| Dietetic Internship   |                     | August 2007 - May 2008 |
| Nutrition Fellowship  |                     | May 2008 - May 2009    |
| Auburn University   | Auburn, Alabama     | August 2002- May 2007  |
| <i>Bachelor of Science in Nutrition and Food Science; Minor in Human Development and Family Studies</i> |                     |                        |

## Credentials

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|-------------------------------------|----------------------|------|
| Alabama State Licensure             | Licensed Dietitian   | 2009 |
| Commission on Dietetic Registration | Registered Dietitian | 2008 |

## Related Work Experience

Senior Nutritionist; Childrens Rehabilitation Service, Dothan / Andalusia AL      October 2023- present  
*Coordinate Feeding Clinic with multidisciplinary team*  
*Screen and assess patients for all medical evaluation clinics*  
*Serve as nutrition expert within the district for team members, staff, and physicians*  
*Facilitate any group or community outreach efforts set forth by the Alabama Department of Rehabilitation Services*

Registered Dietitian and Consultant, Lightfully Behavioral Health; California USA      April 2022- Present  
*Develop and facilitate nutrition and wellness groups for residential, partial, and outpatient levels of care*  
*Assess, Intervene and Monitor individual clients with identified nutrition support needs*  
*Coordinate with treatment team and administrative staff to support education and counseling for nutrition*  
*Develop and implement assessment tools for the electronic medical record*

Adjunct Professor, Department of Kinesiology / Health Promotion; Troy University      December 2016- Present

*Developed all educational curriculum for Diabetes Education and all initiatives Quality Improvement*  
*Implemented Malnutrition Screening to identify patients to identify at-risk, chronic patients and increase reimbursements*  
*Coordinated and facilitate outpatient groups for nutrition education*  
*Precepted for graduate and undergraduate nutrition students*

Director Nutrition /Food Service; Medical Center Enterprise Nov 2016 – December 2017  
*Oversaw purchasing, accounting, staffing, scheduling, menu planning within Food Service Department*  
*Managed clinical nutrition program, outpatient consulting, food service and catering within in the hospital*  
*Member of the Interdisciplinary patient care team and wound care team*  
*Provided medical nutrition therapy, education, and nutrition counseling to clients in the inpatient and outpatient setting*  
*Developed all educational curriculum for Diabetes Education and all initiatives Quality Improvement*  
*Coordinated and facilitate outpatient groups for nutrition education*  
*Precepted for graduate and undergraduate nutrition students*

Assistant Director of Nutrition and Food Service; Medical Center Enterprise Oct2015- November 2016  
*Assisted Director of department for clinical and food service management*  
*Served as preceptor for undergraduate students and interns in Nutrition and Dietetics*  
*Developed plans for ongoing administrative projects relative to patient need and facility need*  
*Managed food service workers and kitchen team leaders*  
*Provided medical nutrition therapy, education, and nutrition counseling to clients in the inpatient and outpatient setting*  
*Coordinated outpatient groups for nutrition education*  
*Collaborated with interdisciplinary clinical team to develop and manage client care/treatment plans*

Clinical Health Consultant; Health Diagnostic Laboratory, Inc.

## Affiliations

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Academy of Nutrition and Dietetics  
Southeast Alabama Dietetics Association

2014- present